

# For Non-Emergency Medical Care: Know Where To Go.



**Urgent care** is available without an appointment and is typically less expensive than the emergency room.

Below is a list of urgent care centers in the New England region. Take a moment to highlight the Urgent Care Centers that are nearest to you, so you can find them quickly when you need them. In case of a medical emergency, dial 9-1-1 or head to your nearest emergency room.

**All Members can save on urgent care visits** by using **Amwell® virtual care**. Pay \$0 with non-HSA plans and \$67 with HSA plans (\$0 after deductible).

## MAINE By County

### ANDROSCOGGIN

**ConvenientMD\***  
590 Center St  
Auburn, ME 04210  
207-955-5565

**St Mary's Urgent Care**  
791 Turner St Unit 2  
Auburn, ME 04210  
207-330-3900

**Concentra Urgent Care\***  
59 East Ave  
Lewiston, ME 04240  
207-784-1680

### AROOSTOOK

**Katahdin Valley Health Center**  
33 Walker St  
Ashland, ME 04732  
207-438-3700

**Katahdin Valley Health Center**  
*Walk-in open Thursdays only*  
59 Bangor St  
Houlton, ME 04730  
207-521-0022

### CUMBERLAND

**Concentra Urgent Care\***  
11 Medical Center Dr  
Brunswick, ME 04011  
207-725-2697

**ConvenientMD\***  
193 Bath Rd  
Brunswick, ME 04011  
207-424-2272

**Gray Urgent Care LLC\***  
6 Turnpike Acres Rd Ste 2  
Gray, ME 04039  
207-657-1165

**ConvenientMD\***  
191 Marginal Way  
Portland, ME 04101  
207-517-3838

**ClearChoiceMD\***  
273 Payne Rd  
Scarborough, ME 04074  
207-618-9355

**American Family Care\***  
230 Waterman Dr  
South Portland, ME 04106  
207-358-3188

**Concentra Urgent Care\***  
400 Southborough Dr Ste 1  
South Portland, ME 04106  
207-761-1100

**Concentra Urgent Care\***  
85 Western Ave Crossing  
Unit 6,7,8  
South Portland, ME 04106  
207-774-7751

**ConvenientMD\***  
950 Main St  
Westbrook, ME 04092  
207-517-3800

**HANCOCK**  
**ConvenientMD\***  
235 High St  
Ellsworth, ME 04605  
207-412-5200

**KENNEBEC**  
**Concentra Urgent Care\***  
219 Capitol St Ste 2  
Augusta, ME 04330  
207-629-5005

**ConvenientMD\***  
4 Whitten Rd  
Augusta, ME 04330  
207-466-2400

**MaineGeneral Express Care**  
15 Enterprise Dr  
Augusta, ME 04330  
207-621-8880

**MaineGeneral Express Care**  
5 Central Maine Crossing  
Gardiner, ME 04345  
207-588-3530

**MaineGeneral Express Care**  
211 Main St  
Waterville, ME 04901  
207-877-3450

**MaineGeneral Express Care**  
16 Commerce Plaza, Ste 3A  
Winthrop, ME 04364  
207-377-1450

**LINCOLN**  
**LincolnHealth — St Andrews**  
**Urgent Care Center**  
6 St Andrews Ln  
Boothbay Harbor, ME 04538  
207-633-1940

**OXFORD**  
**Concentra Urgent Care\***  
1570 Main St Ste 3  
Oxford, ME 04270  
207-743-7399

**PENOBSCOT**  
**Concentra Urgent Care\***  
34 Gilman Rd  
Bangor, ME 04401  
207-941-8300

**ConvenientMD\***  
543 Broadway  
Bangor, ME 04401  
207-922-1300

**PISCATAQUIS**  
**Katahdin Valley Health Center**  
180 Main Rd  
Brownville, ME 04414  
207-538-3700

**Katahdin Valley Health Center**  
*Walk-in open Thursdays only*  
188 Summer St  
Dover-Foxcroft, ME 04426  
207-528-2285

**WALDO**  
**ConvenientMD\***  
18 Belmont Ave  
Belfast, ME 04915  
207-607-5270

**YORK**  
**ConvenientMD\***  
506 Main St  
Saco, ME 04072  
207-571-7991

**ConvenientMD\***  
1420 Main St  
Sanford, ME 04073  
207-850-5744

**Sacopee Valley Health Center\***  
202 Maple St  
Cornish, ME, 04020  
207-625-8126

Pricing is for 2026 services.

Out-of-pocket costs such as copays, deductibles, and coinsurance vary depending on the plan, so it's important to know what your plan covers. You can view your Schedule of Benefits (found on your Member portal) to find out what to expect for out-of-pocket expenses when you visit an urgent care center.

# MASSACHUSETTS By County

## BARNSTABLE

**ConvenientMD\***  
40 Davis Straits  
Falmouth, MA 02540  
774-255-3010

## BERKSHIRE

**ClearChoiceMD\***  
856 State Rd  
North Adams, MA 01247  
413-727-8088

**ConvenientMD\***  
999 Dalton Ave  
Pittsfield, MA 01201  
413-242-6577

## ESSEX

**ConvenientMD\***  
35 Storey Ave Unit 1  
Newburyport, MA 01950  
978-225-6607

**ConvenientMD\***  
419B Andover St  
North Andover, MA 01845  
978-620-5048

**ConvenientMD\***  
210 Andover St  
Peabody, MA 01960  
978-488-3234

**ConvenientMD\***  
156 Main St  
Saugus, MA 01906  
339-674-0978

## HAMPDEN

**ConvenientMD\***  
471 Center St  
Ludlow, MA 01056  
413-625-3500

**Concentra Urgent Care\***  
140 Carando Dr  
Springfield, MA 01104  
413-746-4006

## MIDDLESEX

**ConvenientMD\***  
181 Cambridge St  
Burlington, MA 01803  
781-730-0045

**ConvenientMD\***  
236 Cochituate Rd  
Framingham, MA 01701  
774-244-3227

**Concentra Urgent Care\***  
66-B Concord St  
Wilmington, MA 01887  
978-657-3826

## NORFOLK

**ConvenientMD\***  
245 Hartford Ave  
Bellingham, MA 02019  
774-295-4355

**ConvenientMD\***  
983 Boston-Providence Tpk  
Dedham, MA 02026  
781-819-6400

**ConvenientMD\***  
86 Taunton St  
Plainville, MA 02762  
508-928-5211

**ConvenientMD\***  
479 Washington St  
Quincy, MA 02169  
857-529-5220

**ConvenientMD\***  
987 Main St  
Weymouth, MA 02190  
781-927-3000

## PLYMOUTH

**ConvenientMD\***  
1285 Belmont St Ste 1  
Brockton, MA 02301  
508-894-7015

**ConvenientMD\***  
296 Old Oak St  
Pembroke, MA 02359  
339-244-3033

**ConvenientMD\***  
140 Samoset St  
Plymouth, MA 02360  
508-209-5362

## WORCESTER

**ConvenientMD\***  
20 Commercial Rd Ste 2  
Leominster, MA 01453  
978-798-6896

**ConvenientMD\***  
139 Turnpike Rd Ste 3  
Westborough, MA 01581  
508-882-7300

**ConvenientMD\***  
15 Pleasant Valley Rd  
Sutton, MA, 01590  
508-426-9005

**ConvenientMD\***  
70 Gold Star Blvd  
Worcester, MA, 01606  
508-426-9002

# NEW HAMPSHIRE By County

## BELKNAP

**ClearChoiceMD\***  
24 Homestead Place  
Alton, NH 03809  
603-822-4713

**ClearChoiceMD\***  
96 Daniel Webster Hwy  
Belmont, NH 03220  
603-267-0656

**ConvenientMD\***  
77 Daniel Webster Hwy  
Belmont, NH 03220  
603-737-0550

**ClearChoice MD\***  
9 Old Lake Shore Rd  
Gilford, NH 03249  
603-556-4661

**MedCheck Urgent Care**  
178 Daniel Webster Hwy Ste A  
Meredith, NH 03253  
603-536-1120

**ClearChoiceMD\***  
75 Laconia Rd  
Tilton, NH 03276  
603-729-0050

## CHESHIRE

**ConvenientMD\***  
351 Winchester St  
Keene, NH 03431  
603-352-3406

## COOS

**Coos County Family Health Services - Express Care**  
167 Main St Ste 2  
Gorham, NH 03581  
603-466-3500

## GRAFTON

**ClearChoiceMD\***  
410 Miracle Mile  
Lebanon, NH 03766  
603-276-3261

**Alice Peck Day Memorial Hospital — Urgent Care Center**  
5 Alice Peck Day Dr  
Lebanon, NH 03766  
603-308-0055

**Lincoln Urgent Care**  
33 Railroad St  
Lincoln, NH 03251  
603-607-6040

**ConvenientMD\***  
551 Meadow St  
Littleton, NH 03561  
603-761-3660

**Littleton Urgent Care**  
600 St Johnsbury Rd  
Littleton, NH 03561  
603-444-9294

**MedCheck Urgent Care**  
389 Tenney Mountain Hwy  
Plymouth, NH 03264  
603-481-8787

## HILLSBOROUGH

**ConvenientMD\***  
3 Nashua Rd  
Bedford, NH 03110  
603-472-6700

**Urgent Care at Bedford Medical Park**  
5 Washington Pl Ste 1B  
Bedford, NH 03110  
603-314-4567

**ClearChoiceMD\***  
558 Mast Rd  
Goffstown, NH 03045  
603-232-1790

**AFC Urgent Care\***  
3 Flagstone Dr Unit A  
Hudson, NH 03051  
603-802-4050

**Concentra Urgent Care\***  
1279 S Willow St  
Manchester, NH 03103  
603-644-3330

**ConvenientMD\***  
738 Hooksett Rd  
Manchester, NH 03104  
603-384-3900

**ConvenientMD\***  
2 Dobson Way  
Merrimack, NH 03054  
603-471-6069

**ClearChoiceMD\***  
300 Main St Ste 406  
Nashua, NH 03060  
603-810-7470

**Concentra Urgent Care\***  
14 Broad St, Ste A  
Nashua, NH 03064  
603-889-2354

**ConvenientMD\***  
565 Amherst St  
Nashua, NH 03063  
603-578-3347

## MERRIMACK

**Concentra Urgent Care\***  
1 Pillsbury St  
Concord, NH 03301  
603-223-2300

**ConvenientMD\***  
8 Loudon Rd  
Concord, NH 03301  
603-226-9000

**ClearChoiceMD\***  
7 Cinemagic Way  
Hooksett, NH 03106  
603-782-5112

## ROCKINGHAM

**ClearChoiceMD\***  
1 Beehive Dr  
Epping, NH 03042  
603-734-9202

**ConvenientMD\***  
42 Nashua Rd  
Londonderry, NH 03053  
603-413-6800

**ClearChoiceMD\***  
127 Plaistow Rd  
Plaistow, NH 03865  
603-797-9289

**ConvenientMD\***  
49 Plaistow Rd  
Plaistow, NH 03865  
603-371-3229

**ClearChoiceMD\***  
750 Lafayette Rd  
Portsmouth, NH 03801  
603-427-8539

**ConvenientMD\***  
599 Lafayette Rd  
Portsmouth, NH 03801  
603-942-7900

**ClearChoice MD\***  
636 Lafayette Rd  
Seabrook, NH 03874  
603-457-7830

**ConvenientMD\***  
1 Portsmouth Ave  
Stratham, NH 03885  
603-772-3600

**ConvenientMD\***  
125 Indian Rock Rd  
Windham, NH 03087  
603-890-6330

## STRAFFORD

**ConvenientMD\***  
14 Webb Pl  
Dover, NH 03820  
603-742-7900

**ClearChoiceMD\***  
77 S Main St  
Rochester, NH 03867  
603-509-9400

## SULLIVAN

**Urgent Care at Valley Regional**  
243 Elm St  
Claremont, NH 03743  
603-542-7888

# VERMONT By County

## CHITTENDEN

**ClearChoiceMD\***  
1200 Williston Rd  
South Burlington, VT 05403  
802-448-8205

**Concentra Urgent Care\***  
57 Fayette Rd Ste 4  
South Burlington, VT 05403  
802-658-5756

**ClearChoiceMD\***  
62 Merchants Row  
Williston, VT 05495  
802-307-1200

## RUTLAND

**ClearChoiceMD\***  
173 S Main St  
Rutland, VT 05701  
802-772-4165

## WASHINGTON

**Concentra Urgent Care\***  
654 Granger Rd  
Barre, VT 05641  
802-223-7499

**ClearChoiceMD\***  
798 US RT 302  
Berlin, VT 05641  
802-744-0138  
Windham

**ClearChoiceMD\***  
1154 Putney Rd  
Brattleboro, VT 05301  
802-490-2100

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